

Ecosystem of Community Mental Health in Hong Kong: Initial Thoughts of Engaging Ethnic Minority Population

The formulation of Hospital Authority Mental Health Service Plan (HAMHSP) for Adults paved the way for development of key programs to support and aid recovery of person with mental illness. It also helps the delineation of different clinical pathways in serving person with Severe Mental Illness and Common Mental Disorder. It has made many positive changes to the ecosystem in Community Mental Health in Hong Kong.

The District-based Community Personalised Care Programme (PCP) under Hospital Authority, in conjunction to the concurrent development of the territory-wide Integrated Community Centre for Mental Wellness (ICCMW) by Welfare Sector as well as the Hospital Authority wide Integrated Mental Health Programme (IMHP) by primary care settings have achieved synergy for community mental health support and collaboration among different sectors for the betterment of Mental Health in Hong Kong.

Three recovery oriented programmes would be shared, namely District-based Community Personalised Care Programme, territory wide Integrated Community Centre for Mental Wellness and Hospital Authority wide Integrated Mental Health Programme. It serves to facilitate the start of recovery journey, to support and aid recovery in the community and to promote mental wellness for people with minor psychiatric morbidities.

The Hospital Authority (HA) has made initial attempts to engaging Ethnic Minority Population in Hong Kong, it includes expansion of translation services among HA hospitals including psychiatric services, addition of multi-language version of the HA website for friendly utilization of public health services by Ethnic Minority Population. Kwai Chung Hospital has also translated her mental health information pamphlets into eight Ethnic Minority languages for use by our frontline clinical staff. Our Personalised Care Programme Outreach team has started pilot service collaborations with individual Non-Government Organisation in engaging and serving Ethnic Minority Persons in Recovery in a district-based manner. These new service initiatives would be taken further as Kwai Chung Hospital ventures into an exciting journey of hospital redevelopment project, recreation of a therapeutic village to support and aid recovery within and beyond the new hospital campus.